

# ***MJE Football and Cheer***

## **Sickness Policy Statement**

**EFFECTIVE DATE:** 02/01/2024

**EFFECTIVE PERIOD:** 02/01/2025

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**Scope:** All MJE Members, Parents, and Athletes

**Purpose:** MJE will ensure that all members, parents and athletes will remain as safe as possible by enacting regular procedures to help curb bacteria, which include the following:

- All equipment will be sanitized as often as possible during the regular season.
- Frequent use of hand sanitizer will be strongly encouraged/ provided during all MJE events.
- Adequate educational material and signage for protection procedures will be provided.
- Will ensure constant and appropriate updates to all MJE parties via email and team app (heja).
- Will appoint the MJE Medical Director (health and wellness director) as the Point of Contact (POC) for sickness concerns.
  - All members, parents and athletes are highly encouraged to self-report the following:
    - Headache/ congestion
    - Body aches/ chills
    - Elevated temp
    - Nausea/ vomiting/ diarrhea
  - Reporting parties shall then undergo a health screening by the medical director.
  - Anyone having symptoms will be excused from service to allow for self/mandated quarantine.
  - May return to service once they have been symptom free for

24 hours.

- ALL MEDICAL INFORMATION OBTAINED WILL BE KEPT CONFIDENTIAL PER THE US DEPARTMENT OF HEALTH AND HUMAN SERVICES STANDARD PRIVACY RULE; THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA).
- Each athlete will complete a health survey (emoji template) periodically throughout the season/ as needed based on need.

MEDICAL DIRECTION CAN BE CONTACTED AT

[MJEmedicaldirector@gmail.com](mailto:MJEmedicaldirector@gmail.com)

Maggie Almekinder  
Health and Wellness Director  
Midlakes Junior Eagles Football and Cheer